



Purpose. Practice. Possibilities.

Greetings!

I am affectionately called Dr. D or Dr. Dietra. I like to say that I am more of a Facilitator than a Trainer. I have learned to flip my “problem solving” brain to a “just be present, listen and believe people.”

I am really loving this new virtual world, as it has given me the ability to be present to my teen. As I learn to navigate Zoom, I am also developing my texting skills, and following the latest Netflix specials - *Bridgerton's* Queen Charlotte was a delight. My teen is simultaneously an adult too cool to hang with the “parentals”, and who also regularly sits in my lap to tell me all about their latest crush or fan art for a book they are following.

I love reading, sharing and connecting; it is one of the reasons I am passionate about the role of Coaching, Facilitation and Consulting. My whole life, people have just “talked” with me, so I took this as a calling and developed my clinical psychology skills to work with communities and organizational systems. [\(Click here to check out some of those I have worked with.\)](#)

I gravitate toward people who have been uber successful and are now on the verge of burnout. They reach out to me to get perspective, hear ideas for what might be possible, and to have a reliable space for calm and peace.

If you are looking for support in your efforts to lead transformation within your organization or community, I can help you explore - and get focused on the kinds of questions you need to be asking of yourself and those you support. As a reformed “problem solver,” I help people learn to flip problems into opportunities and stay grounded in their purpose.

It's easy to get started - just [click here](#).

I look forward to getting to know you and supporting you along your journey.

Walk in Beauty,
Dr. Dietra